



Melanie S. Young
professional art therapist

Melanie S. Young M.Ed, ATR-BC, LPAT

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CONFIDENTIAL CLIENT INTAKE FORM

Please fill out this form and bring it to your first session. Please note that the information you provide here is protected as confidential.

Client Information:

Name: _____
Last First Middle Initial

Name of Parent or Guardian (if under 18 years):

_____ Last First Middle Initial

Birth Date: ____/____/____ Age: _____ Gender: ____ Male ____ Female

Marital Status:
____ Single ____ Domestic Partnership ____ Married ____ Separated ____ Divorced ____ Widowed

Please list any children/age: _____

Who lives in the home (names, ages, relationship) _____

Address: _____
(Street and Number)

_____ (City) (State) (Zip Code)

Home Phone: () _____ Cell Phone () _____

May I leave a message? Y/N Prefer Messages to be left: _____Home _____Cell

Text Messages: Y/N (appointment reminders, etc)

Email: _____ May I email you? _____Y _____N

***Please note Email correspondence is not considered to be a confidential medium of communication.*

Occupation/Employer: _____

Emergency Contact/Name: _____ Phone(____) _____

Relationship to you: _____ Address: _____

Referral Sources (how did you hear of my services?) _____

Please briefly describe the problem/issue that brings you to counseling/duration: _____

What motivated you to seek assistance at this time? _____

Have you been in therapy before? Yes No if yes, please describe reason, duration, outcome and therapist. _____

Please list any previous medical problems, treatment, and outcomes. _____

Please list any current medical problems, treatment, and outcomes. _____

Please list any previous psychiatric/psychological problems, treatment, and outcomes: _____

Have you ever been hospitalized? Yes No If yes, please describe reason, location, duration: _____

Please list any medications you are currently taking: _____

Please list any medications you have previously taken: _____

Physicians name: _____ Physicians phone: _____

Psychiatrists name: _____ Psychiatrists phone: _____

Would you like your other health care provider(s), teachers, etc to be informed of your progress in Art Therapy to better coordinate your treatment? _____ Yes _____ No

If yes, please list all those that therapist has permission to contact about your case. Please add phone number and/or contact information for each person listed below.

Client Signature: _____ Client Name: (print) _____
Date _____

Have you used drugs or alcohol? ___ Yes ___ No. If yes, please describe the substance and frequency of use. _____

If applicable, please describe any previous or current treatment for chemical dependency. _____

Family history of mental illness, hyperactivity, mental/developmental delays, chemical dependency, suicide, major medical problems, and/or trauma _____

Please list your strengths, including those people in your support system. _____

Do you currently see any obstacles that would be limiting to your progress in therapy sessions? _____

Please list any significant (positive or negative) life changes or stressful events you have experienced recently. _____

Please describe your spiritual/religious orientation. _____

What would you like to accomplish during your time in art therapy? _____

Is there anything else I you'd like me to know about you and or situation(s) bringing you to therapy?

Active Credit Card to be kept on file: # _____
Name on Card: _____
Expiration date: _____ Code: _____

Form(s) Completed By: _____

Relationship to client: _____

By signing, I am agreeing that the above information, provided by client and/or guardian is accurate and honest.

(Signature of client/guardian)

(Date)

Below Goals to be completed at first session with therapist.

Goals, Dx, and Tx Plan.

Art Therapy Client Service Agreement

Consent Form

This form outlines the Art Therapy services provided, and the expectations of the therapist and the client. It is intended to provide you with the information necessary to feel safe and supported in your decision to do Art Therapy.

CONFIDENTIALITY

Any information about you and/or your artwork is held with utmost confidentiality and can only be released by either your written or signed consent by court order.

CONFIDENTIALITY EXCEPTIONS

1. When you may be a danger to yourself or others I am obligated to keep you safe.
2. When there is suspicion of disclosure of child abuse I am obligated to report.
3. When records are subpoenaed by court order
4. When you give permission to consult with other individuals/professionals as required.

APPOINTMENTS

- Art Therapy appointments are scheduled with the art therapist.
- If you are unable to attend a session, it is your responsibility to inform the art therapist in advance so that time can be made available to others.
- You will be responsible to pay for any appointment that has been missed or cancelled without 24 hours advance notice at the regular rate unless the art therapist is able to fill the time.
- Please note that if you wake the morning of your appointment and are ill accommodations can be made for that circumstance, but cancellations that morning is required, if appointments is just missed the client will be charged the full service fee.

PAYMENT

- The standard art therapy session of 50min-1 hour is available at \$75.
- 90 minute sessions are billed at the rate of \$125.
- There will be a \$30 charge for all returned checks.
- Failure to pay for services may result in the termination of the therapeutic relationship.
- Payments can made through cash, check, or credit card at the time of service
- Invoices can be e-mailed or handed to client directly at client's request.
- Should you default on your payments, your signature below indicates that you will be billed for reasonable attorney/court fees should your account be turned over to collections.
- Outstanding balances will be subject to a 5.0% monthly charge.

TECHNICAL AGREEMENT

- Client can contact the art therapist by email to confirm or change appointment or basic information. Clinical questions will not be answered over email and will be deferred to the next session.

GENERAL

In your art therapy sessions you will be asked to outline your needs, goals, and the way you would like to improve your emotional and mental health. This work may bring up unpleasant or troubling feelings and memories. If this is your experience please do not hesitate to address is with the art therapist so she can further support you. Continuing art therapy sessions is encouraged, as they will help you work through these difficult feelings.

Art Therapist Responsibilities

- Be prepared and on time for each session
- Provide safe and supportive environment for the client
- Keep all information and artwork confidential (unless noted in Confidentiality Exceptions above)

Client Responsibilities

- Keep appointments by showing up on time and paying the fee
- Be open and trust the process of art therapy
- Be honest.

Client AGREEMENT

I _____ have been informed of the above conditions and accept the terms of service for art therapy. I have read, understand and agree with the above. I acknowledge that I have had the opportunity to ask questions, understand the information, and accept the guidelines/ expectations that were presented.

Name (Please print) _____

CLIENT SIGNATURE _____ DATE _____
 (unless under the age of 18-parent signature required)

PHONE # _____

EMAIL: _____

THERAPIST SIGNATURE _____ DATE _____